

# Atlas Trading Company (PTY) LTD.

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## Try our Leaf Masala- 12 in One Spices

Recipe: For 1 kg Meat, Chicken, Beef or Vegetables

1. Braise 200gm Onions until golden brown.
2. Now braise 200 gm Tomatoes with onions.
3. Add 1 teaspoon fine garlic and 1 teaspoon fine ginger (all fresh) or 2 teaspoons of garlic and ginger paste.
4. Add meat chicken, beef or vegetables and cook until nearly done.
5. Now stir well in pot and add 2 full tablespoons of **Atlas Leaf Masala- 12 in one spices**.
6. Add 2 to 3 cups of warm water- give fast boil- then let curry simmer until done.
7. At last enjoy real Indian curry.

Ingredients: Coriander, Tumeric, Chili Powder, Fennel, cumin, Cloves Cinnamon, Curry Leaves, Cardamon, Permento, Star aniseed Bay Leaves etc.